

Name \_\_\_\_\_

Date \_\_\_\_\_

## ***EVALUATING YOUR SUPPORT SYSTEMS***

### **Spiritual Vitality and Calling:**

How would you describe your current relationship with the Lord and the overall spiritual connection you share?

What is your sense of what God has been doing/addressing in your times with Him during the past 6 months?

In what one area does God seem to be asking you to grow?

What are some of the ways you find yourself responding to His invitation?

What passions has God been building/developing in you over the years?

Are there any new passions He is developing or stirring in you?

How are you responding to these stirrings?

Have you been experiencing any new graces from the Lord?

How is your ministry going?

How do you understand the current call of God on your life?

How has this call changed over the last few months of years, if at all?

If you are in transition or need greater clarification, do you have a sense of who could help you clarify your calling and mission?

**Personal Support System:**

Describe your philosophy of self-care. How is it working in your life?

Who in your life knows you well and is keeping their finger on the pulse of your personal life?

Who are the people you spend time with on a monthly basis who simply give to and nurture you?

Name the 3-4 people you “hang out” with that you can be “off” around?

What do you need to do this month to strengthen your personal support system?

**Intercessory Prayer Team:**

Have you sensed any change in the spiritual climate of your life, i.e., greater or lesser spiritual attack, or places Satan has tried to discourage or invalidate you as a person or as a servant of the Lord?

Do you have a personal intercessory prayer team in place? How it is working?

What are the next steps you need to take to put a team in place or maintain the team you have?

Do you know anyone who has an intercessory team and could help you better develop yours?

**Mentors:**

When you inventory your life, what seems to be the overall growing edge for you right now?

Is there anyone you know who could come along side you and help in this area?

Who are your current mentors/ mentorees? Upward? Downward? Peer? How well do you feel your mentoring constellation is working?

What steps do you need to take to bring your mentoring constellation more up-to-date or make it more effective?

### **Financial Support Team:**

Where are you financially right now?

What are you believing God for?

What support goals do you have for the next 6 months?

What are the steps you need to take this month to reach those goals?

How could your support coach be more helpful to you?

### **Putting all your support systems in place:**

What are your highest priorities in establishing a better overall support base for yourself?

Where do you think you should begin?

Let's brainstorm the steps you can take now to increase your support systems over the next 6 months.

How would you like me to be involved with you in this process?

What ongoing questions would you like me to ask to help you maintain your support systems?